

Welcome to Spokane Athletic Co-op!!

Who We Are

Spokane Athletic Co-op is a Christian sports program that gives the opportunity for youth to participate in cross country, volleyball, soccer and basketball. While it is not required that the youth profess to be a Christian, the youth will be exposed to the teaching of Christ during the sports season.

Goals

Spokane Athletic Co-op is applying to be a member of the Parochial League and Mountain Christian League. The stated goal of the Mountain Christian League and its members is:

“To put Christ first in our league activities and to promote Christian character within our schools, teams, coaches, and athletes. Therefore, we wish to encourage sportsmanship, further the spirit of cooperation and Christian fellowship among our members, embrace healthy competition and a common interest in athletics and activities, and submit to the authority of God in our relationships with one another.”

The stated philosophy of the Parochial League is as follows:

“The athletic program's desire is to develop students who will be leaders in action, modeled on Christ. Components of the athletic programs, such as spiritual and emotional growth and personal development, mirror those within the overall diocesan-wide educational system.”

Program Administration

Spokane Athletic Co-op is run by a board of directors. The board gives direction to the athletic director (A.D.). The A.D. is responsible for coordinating the Spokane Athletic Co-op program with other programs in the leagues, overseeing the operation of the various sports, directing the coaches and resolving conflicts that may arise. The treasurer is responsible for receiving player fees, fundraiser income, and paying out expenses.

Coaches and coach assistants are responsible for training the kids in the various sports in a manner that supports the program goals and ultimately glorifies Christ. Therefore, they must be professing Christians and have revealed a Christ-like lifestyle to the board and the A.D. over a period of time.

A team parent is a volunteer who usually has a child in a particular sport that is responsible for helping the AD relay communication to parents.

Program Funding

In order for Spokane Athletic Co-op to operate, the program must be able to pay for expenses such as referees, gym and field rental, buying and replacing uniforms and equipment, etc. We strive to keep expenses as low as possible, and as such, **all board members, administrators, and coaches are 100% volunteer.**

Our program is funded by player fees, fundraising, and contributions. Player fees only cover a portion of expenses. In order to keep the player fees reasonable, we will depend on fundraising, volunteers, and generous support from folks in the community. It is expected that the parents and the kids participate in fundraisers as they are needed, if applicable during their respective sport season.

Some of the fundraiser ideas are: Krispy Kreme donut sales, car washes, sports tournaments open to the public, bucks for buckets, dessert and silent auctions, ice cream socials, dinners and breakfasts, baked goods raffles, game nights, etc. This list is open for suggestions too.

Volunteering

It is also expected that the parents and the kids participate in several of the activities that help the games run. Opportunities include:

-Cross Country - driving carpools, assist coaches keeping kids organized, snack donations, “manning” the tent, covering all of the different jobs when we co-host a meet, pictures from the meet, etc.

-Volleyball: driving car pools, gym setup, line referees, score books, game pictures, gym cleanup, etc

-Soccer: driving car pools, stats, game pictures, line referee help, etc

-Basketball: driving car pools, gym setup, game clock, score books, game pictures, gym cleanup, bake sale raffles, etc

It is understood that some families may have extenuating circumstances. Please discuss with the A.D. what your limitations may be and how you may help.

Scheduling

Prior to a particular sports season, a preliminary schedule will be decided upon. We try to keep Cross Country meet schedule on the website or Facebook page and text/email important changes. The other sports will access their schedule and rosters via an app or internet based program called TeamSnap. There usually are many changes that can occur during the season and this app will notify you of them. The A.D. will be actively posting to the chat and keeping it updated. This will be the main form of communication to the families. **TeamSnap will be the most updated information. For Cross Country stay on top of email/text communication.**

Practices

TeamSnap will have the most current information regarding practices. For Cross Country the Coaches/AD will communicate regularly to keep people informed. Practice locations are usually as follows:

Cross Country- Sky Prairie Park or other local parks

Volleyball- TBD

Soccer- Andrew Rypien Park

Basketball- Trinity Baptist Church

Prior to participating in any games, all paperwork must be turned in and all fees paid.

Each player is expected to show up and be ready to practice on time. Each player is also expected to show respect to the coach/assistant and their fellow team members. Please refer to the Standard of Conduct.

Practices may be cancelled due to coach/assistants not being able to make it, weather, or gym/field rental purposes. If the public schools cancel school, these gyms will automatically be cancelled. For any cancellation, TeamSnap will notify you. Cross Country will be via text or email.

Games/Meets

Game and meet locations are on the schedule and will be announced through the TeamSnap app or the website or Facebook group for Cross Country. There are a couple away games that are up to 2 hours driving time for every sport but cross country.

The majority of the games will be played against teams that are members of the Parochial League or the Mountain Christian League. There may be some games with non-MCL members, which give the players more experience but they will not be counted for the team standings. Team standings can be found on MCL's website www.mountainchristianleague.org.

After acceptance to the league, tournaments will be held towards the end of a season. The team parent will send out tournament information as those details are finalized. League awards are available at the varsity level and are voted on by coaches throughout the league. The final Cross Country meet is the All School Championships.

Special Events

For the high school sports there are two Senior Nights, one during the fall volleyball/soccer season and one during the late winter basketball season. These nights present and honor the seniors.

End of the season, each team will attempt to gather to celebrate the season and pass out individual awards. We will try to do some sort of fun gathering to complete the season (Cross Country at the last meet).